



AletteStevens.com

Dr. Alette Stevens

REALIGNMENT STRATEGIST
MOTIVATIONAL SPEAKER
& COURAGE COACH

MEDIA KIT

There is **another future** to live. A **different path** to walk.
Courageously walk your new view.

Heels Down! Eyes Up!



Hi, I'm Dr. Alette!

REALIGNMENT STRATEGIST ~
MOTIVATIONAL SPEAKER ~
COURAGE COACH

Dr. Alette has gone through a wide range of traumatic storms, including grief, from her youth through widowhood. One thing she knows for sure is that trauma and grief are inescapable and, sometimes, unpredictable experiences.



There is no avoiding them. Can you relate?

Dr. Alette strongly believes that no woman needs to be a prisoner of trauma, grief or overwhelm. Fear, stress, depression, and anxiety are not necessary, long-term outcomes for our life's storms. You do NOT need to be STUCK IN THE STORMS OF LIFE. We were originally designed with a great capacity of strength and power that we have either forgotten or were not taught to access.

Courage, which is the natural fruit of that strength and power, is what enabled her to shift, so she could walk on the water through her storms... to thrive and flourish.

Client Testimonials

When it comes to professionalism, just five minutes with her is a discharge of knowledge mixed with enthusiasm and charisma that makes you be encouraged to do new things. Her advice and counsel is a great resource that will work as a reference in every stage of your life. I completely recommend the services of Dr. Alette Stevens for your next awesome transformation into who you are called to be..

Sandra Mantellini



Signature TOPICS

To Book: <https://bit.ly/DrAletteSpeaker>

Heels On! Eyes Up!



✓ Heels on Water:

The Courage to Step



✓ Designed with Power:

Already Upgraded

Client Testimonials

“Dr. Alette has a unique way of slowly taking the covers we hide under off the bed to expose that we are limiting our potential. She helps people see that it's imperative to live in God's purpose to be effective, fulfilled, and constantly growing.

Gayle Kuby

“Dr. Alette creates a 'workable' plan. She doesn't ask anyone to do something they do not have the knowledge or ability to do. Dr. Alette asks for accountability and commitment to 'work the plan!'.”

Karen Retos



The Podcast

HEELSONWATER.COM
@DR.ALETTESTEVENS

To Book: bit.ly/DrAletteInterview



If you're looking for the strategies and encouragement to make it through life's storms, this is the podcast for you! Week after week, Dr. Alette shares fresh insights on courageously walking through the storms of life with strength and dignity while using focused faith, confidence and grace. Walking on the water is not just for the guys or a special group. It's for any woman ready to courageously step out and focus on the Light.

Dr. Alette delivers lessons and wisdom from personal experiences in her unique, authentic, no-nonsense style. You might laugh. You might cry. You might say, "Ouch!" or "Oh my!" Either way, she'll always encourage you to keep stepping forward through to the other side.

Heels on Water podcast is a space for women who need to get to the other side of their storms and develop their faith walk along the way.



MOST LISTENED EPISODES

- Ep 5: Stronger Than You Seem
- Ep 7: Mister God
- Ep 3: Hope is Not Lost
- Ep 2: Daddy Calling

STATISTICS

podcast rating **5.0**

MY AUDIENCE

99% **49%** **100%**
women 45-59 yrs old USA



Coaching

ALETTESTEVENS.COM

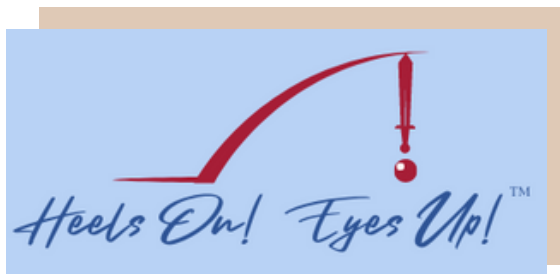
From her own experiences in childhood through widowhood, Dr. Alette knows that the storms in life are inescapable and unpredictable experiences for all women.

Get strategies to regain who you are, rediscover where you are going, and realign how to get there.

Take back your life and take back your future from the darkness and the waves with Dr. Alette's proprietary Heels On! Eyes Up!™ Strategy.

The program walks women through the steps to shift from being victimized by circumstance to being empowered by their inherent strength, courage, and dignity.

Isn't it time for you to realign with the strength and power you were designed with so you can walk on water in your storms?



There IS *another future* to live.
There IS *another path* to walk.
Courageously walk your new view.
~ Dr. Alette

Client Testimonials

“Dr. Alette is a great coach because she listens well, then discerns, then takes appropriate action. She does all of this with an ear, heart, and mind of love and truly wanting the best for the person.”

Allison Vollenweider





DR. ALETTE WORKS WITH WOMEN WHO...

- have hit the wall of frustration and overwhelm but refuse to be in despair
- want to move beyond the stuck-ness
- are sick and tired of being sick and tired
- want to discover and create the path forward
- want to bring forth the warrior princess who is waiting is inside
- know the ONLY way to get out of the darkness requires shoes, not chairs
- know others whom the women love depend on the women getting out and help the others get out also

WHAT YOU CAN EXPECT

A vivid backdrop of reality and a canvas of motivation.



CONTACT DR. ALETTE

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AletteStevens.com

To Book —

For event: bit.ly/DrAletteSpeaker
For Interview: bit.ly/DrAletteInterview

GET IN TOUCH

Isn't it time for you to realign with the strength and power you were designed with so you can walk on water in your storms?

I am looking forward to working with you and watch you courageously walk in the strength and dignity you have within.

Dr. Alette

